



Turiya - Pure Consciousness

Maya - The Veil of Illusion

Shushupti -
Deep Sleep

Svapana - Dream State-

The OM Symbol

Jagrat - Waking World

<u>AUM</u>	<u>Name of level</u>	<u>States of Consciousness</u>	<u>Levels of Consciousness</u>	<u>Levels of Reality</u>
A	Vaishvanara	Waking	Conscious	Gross
U	Taijasa	Dreaming	Unconscious	Subtle
M	Prajna	Deep Sleep	Subconscious	Causal
Silence	Turiya / Fourth	Turiya / Fourth	Consciousness / Self / Atman	Absolute Reality

